

DENTURE ADJUSTMENTS AND LININGS

When teeth are extracted, whether one or ten, as the extraction site heals, tissue and bone change shape. This process can take nine months to a year.

In the first few weeks you may experience discomfort associated with bone spurs. Bone spurs are tiny fragments of bone between each tooth, supporting and holding the tooth in position. When a tooth is extracted, this fragment of bone sometimes breaks below the gum. If this happens, it may simply work its way out on its own, but it may need to be removed by the doctor. Please give us a call if you are experiencing discomfort after your extraction.

During the healing process your gingiva and jawbone will go through changes in shape and size. You will find your denture becoming loose. In order to adapt your denture fit we will place periodic soft linings in your immediate denture. The soft lining is a temporary cushioning material poured into your denture that forms to your tissue.

Your first soft lining will be placed two weeks after surgery. This process will be repeated every few months as your mouth heals during the first year. The purpose of the soft liners is to adjust the denture fit during healing. Four soft linings are included with the purchase of your immediate denture. At times it may be necessary to use denture adhesive between soft lining placements.

Do not clean your dentures with denture cleanser tablets until the permanent lining is placed in your denture. Avoid vigorous scrubbing of the temporary soft lining material.

After your mouth has healed, your denture will be assessed and given a permanent lining. The process of placing a permanent lining takes a full day. Impressions will be taken in the morning. You can return for your denture in the afternoon.

You may need some adjustments between soft lining placement appointments while you are healing, and even after healing is complete. This is common and expected. Our staff will do everything they can to help you along the way. Just call for an appointment if you feel that your denture may need to be adjusted.